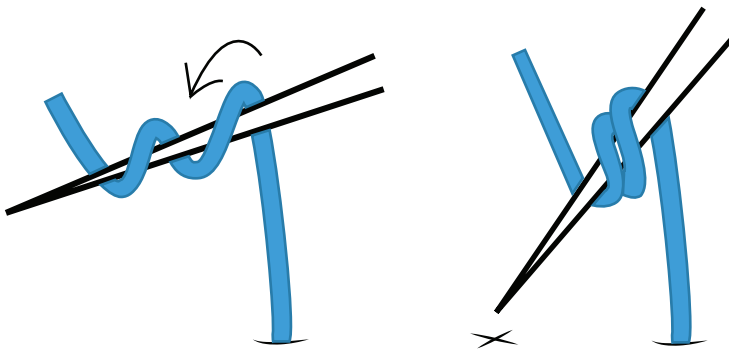




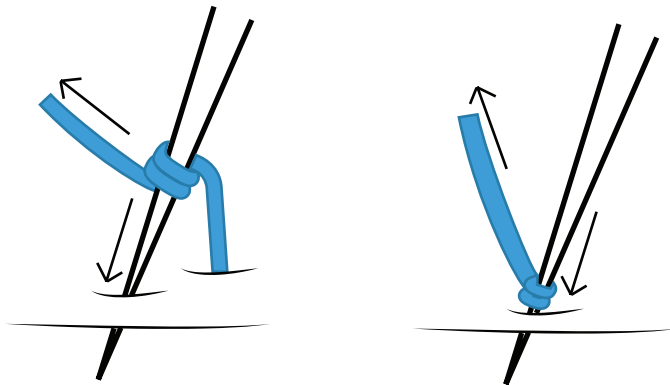
# HOW TO CROSS STITCH

## FRENCH KNOT

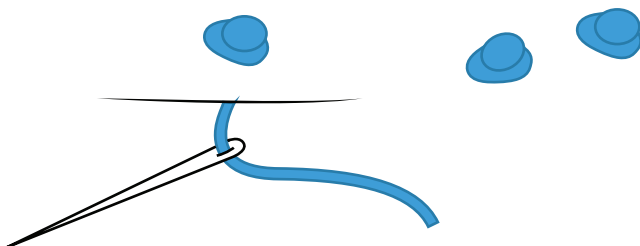
Fear not the french knot



Place your needle in front of of your floss.  
Wind the floss around the needle twice. Continue the tension of the floss with your left hand (non-needle hand) to prevent it from uncoiling.



Re-insert the tip of your needle just next to, but not into the same exit point on your fabric. If you enter the same hole, your knot may pop all the way through when you finish (and you say "what happen?"). Before pushing all your needle all the way through, keep the tension with the left hand.



You've just pulled your needle, and the floss trailing behind it, down through the center of the coil that was wrapped around the needle. Voilà! I knew you could do it! Didn't work? Go back to step one and we'll go over it again.